

Guide for Growth Group Hosts

Week #7: I'm Confident

THINK ABOUT IT

Last week we spoke about being optimistic. How did you use what you learned from that Growth Group session during the week?

MAIN GROWTH GROUP SCRIPTURE

Forget about self-confidence; it's useless. Cultivate God-confidence. 1 Corinthians 10:12 (MSG)

DISCOVERY QUESTIONS

- We should cultivate God-confidence instead of self-confidence. What are your initial thoughts about how to develop God-confidence?
- Have you ever seen a small child's reaction when near a vacuum? Typically, they are afraid of it and will run and hide whenever it is used. How does the child become more comfortable (or build their confidence) around vacuums? By spending more time with vacuums. As they spend more time around vacuums they become familiar with them, which ultimately builds their confidence as they interact with them. How can you use this same principle as it relates to building your confidence in God?
- (Read the Bible Verse Below) You can cultivate your God-confidence by remembering that God is always with you. What does it mean to have God *always with you*?

If God is for us, who can ever be against us? Romans 8:31 (NIV)

- We just learned that God is for us. So, think about your current challenges, obstacles, problems, etc. In what specific areas do you need to remind yourself that God is always with you?
- (Read the Bible Verses Below) People sometimes lose their confidence in the Lord when bad things happen. That's why we don't walk (or live our life) according to how things look in the moment. We live by faith based on God's Word. What are some ways that you can hold on to God during difficult times?

So do not throw away this confident trust in the Lord. Remember the great reward it brings you! Hebrews 10:35 (NLT)

For we live by believing and not by seeing. 2 Corinthians 5:7 (NLT)

- (Read the Bible Verse Below) I can cultivate my God-confidence by remembering that God will always help me. Has there ever been a time when you called upon God for help, but the assistance came in an unexpected way? Discuss it with the group.

...*“Never will I leave you; never will I forsake you.” So we say with confidence, “The Lord is my helper; I will not be afraid.”* **Hebrews 13:5-6 (NIV)**

- (Read the Bible Verse Below) It’s reassuring to know that God is always present when you are having trouble. Based on this fact, what would you say to encourage someone who is experiencing trouble in their life?

God is our refuge and strength, an ever-present help in trouble. **Psalms 46:1 (NIV)**

- (Read the Bible Verse Below) I can cultivate my God-confidence by remembering that God is still working in me. It doesn’t matter if you are age 1 or 100, God has a plan and purpose for your life. It doesn’t matter what you’ve done in your past, God will never give up on you. How does it make you feel to know that God will never give up on you?

...*Being confident of this, that [God] who began a good work in you will carry it on to completion until the day of Christ Jesus.* **Philippians 1:6 (NIV)**

DIVE DEEPER

Go deeper during the week!

- Read the **daily devotionals** each day found at www.experienceheritage.org/blog. You can sign up to have them delivered daily to your email inbox by clicking here: <http://experienceheritage.org/Devotionals>.
- Read the **Memory Verse** below each day during your quiet time with God. See if you can memorize the verse prior to the next session.

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PRAYER GUIDANCE

During the prayer time, have each person take a moment to pray for the needs in the group.

Growth Group Checklist

- (After the prayer, decide who will bring the snack next week and share any other announcements.)
- (Encourage the group participants to have a “quiet time” with God each day to study the bible and pray.)
- (Encourage the group participants to pray for each other during the week.)
- (Remind the participants that they can view the message each week on our website: <http://experienceheritage.org>)