

BETTER DAYS MASTERING MY MOUTH

“Those who are careful about what they say protect their lives, but whoever speaks without thinking will be ruined.” Proverbs 13:3 NCV

HOW TO STAY OUT OF TROUBLE

1. _____ before you speak.

“Intelligent people think before they speak. What they say is then more persuasive.” Proverbs 16:23 (GN)

“Make your words good—you will be glad you did. Words can bring death or life! Talk too much, and you will eat everything you say.” Proverbs 18:20-21 CEV

“Don’t trap yourself by making a rash promise to God and only later counting the cost.” Proverbs 20:25 NLT

2. Always speak the _____

“Deceit causes trouble, and foolish talk will bring you to ruin.” Proverbs 10:10 CEV

“Giving an honest answer is a sign of true friendship.” Proverbs 24:26 CEV

“In the end, people appreciate honest criticism far more than flattery.” Proverbs 28:23 NLT

3. Speak the truth _____

“The words of the reckless pierce like swords, but the tongue of the wise brings healing.” Proverbs 12:18 NIV

“Kind words are good medicine, but deceitful words can really hurt.” Proverbs 15:4 CEV

Jesus: *“The things that come out of your mouth come from your heart.”
Matthew 15:18 NIV*